



2021RACE WEEKEND GUIDE





ApexBenefits

STOP AT NOTHING.

You're relentless in the pursuit to achieve more. And we're right there with you.

As Indiana's largest employee benefits advisory firm, we challenge ourselves every day to go the extra mile.

We can't wait to see you at the finish line.





ApexBenefits

9400 Priority Way W Dr Indianapolis, IN 46240 apexbg.com



SATURDAY, NOVEMBER 6, 2021

Greetings!

On behalf of the City of Indianapolis, it is my pleasure to welcome you to the 2021 CNO Financial Group Indianapolis Monumental Marathon.

It is great to have participants back in Indianapolis after a virtual 2020 marathon and see once again, thousands of visitors experience the unique landmarks and historical neighborhoods that define our city and shape our culture—a culture rich in history, heritage, arts, and friendly competition.

I would like to thank Beyond Monumental for organizing the race, as well as sponsors CNO Financial and Franciscan Health for their commitment to such a monumental event. I would also like to thank the Indianapolis Department of Public Works (DPW), the Indianapolis Metropolitan Police Department (IMPD), as well as the numerous volunteers who have made this event possible.

Whether you are here as a participant, or supporter, take the time to visit some of our great attractions, be that shopping, the performing arts, or one of our world-class dining experiences across the Circle City. I hope you enjoy your stay, and that you visit again soon.

Warm Regards,

JOSEPH H. HOGSETT Mayor, City of Indianapolis

SCHEDULE OF EVENTS

The Monumental Health and Fitness Expo is more than a chance to pick up your packet - it's your chance to ask questions and get insights into race day, purchase race-specific event merchandise, and check out the goods and services from dozens of great vendors.

The Expo and Packet Pickup will take place on November 4 & 5 in Hall J of the Indiana Convention Center in downtown Indianapolis. The Expo will serve as the pick up location for race bibs, participant shirts, and other promo items from our sponsors and partners.

THERE WILL BE NO RACE DAY PACKET PICKUP.

THURSDAY, NOVEMBER 4, 2021

4:00 p.m. - 7:00 p.m. Monumental Health & Fitness Expo

and Packet Pickup, Hall J, Indiana

Convention Center

FRIDAY, NOVEMBER 5, 2021

11:00 a.m. – 8:00 p.m. Monumental Health & Fitness Expo

and Packet Pickup, Hall J, Indiana

Convention Center

RACE DAY - NOVEMBER 6, 2021

6:30 a.m. Pre-race Warm Up Area, Hall J,

Indiana Convention Center

7:30 a.m. Opening Ceremonies

7:58 a.m. Wheelchair Race Begins

8:00 a.m. Marathon and Half Marathon Begins

8:35 a.m. 5K Begins

3:00 p.m. Course Closes



TITLE SPONSOR



PRESENTING SPONSORS





MONUMENTAL SPONSORS

























BEYOND MONUMENTAL STAFF

Jed Cornforth, Executive Director
Julie Brown, Director of Operations & Consumer Experience
Bri Hutton, Programs Manager
Riley McCarthy, Strategic Partnerships Manager
Sydney Meyers, Participant Relations Manager
Rob Mullett, Event & Operations Manager
Sarah Rish, Marketing & Communications Manager
Brooke Smith, Controller
Jim Furuya, Expo Coordinator

EVENT STAFF & CONTRACTORS

Don Carr, Race Director

Matt Ebersole, Elite Athlete & Pace Team Coordinator
Jennifer Hughes, Art Direction & Graphic Design

Matt Johnson, Race Cartographer

Zach Hall & Jamie Collier, Sustainability

Jeff Cochran, Timing & Results

Dan Bloedorn, MYLAPS App

Nine13sports, Elite Athlete Hydration

Julia Spangler, Ecosystem Events

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GEAR CHECK Gear Check will be available race morning starting at 6:30 a.m. Gear Check is located on Washington Street between Missouri & West Streets, on the north side of the Indiana Government Center Parking Facility.

All gear must be picked up by 3:30 p.m. You will receive a clear plastic bag when picking up your packet at the Expo. YOU MUST USE THIS BAG AS YOUR GEAR CHECK BAG. Please use the pull-off tag on your bib to label your gear check bag. All bags will be subject to search and any bag other than the clear plastic bag provided to you at the Expo will be turned away. Unattended bags not within the Gear Check area will be removed by security. Any gear left at Gear Check will be donated to a local charity.

LOST AND FOUND All lost and found items will be taken to Gear Check. Lost and found items will be taken to the Beyond Monumental Office upon the conclusion of the race. Please e-mail info@beyondmonumental.org to inquire about lost items. Any items not claimed by November 30, 2021, will be donated to a local charity.

TIME LIMIT/PACE REQUIREMENTS The race time limit is 6.5 hours for the CNO Financial Indianapolis Monumental Marathon. The course will close on a rolling schedule, with the finish line closing at 3:00 p.m.

Marathon runners must be able to sustain a pace of 15:00 per mile to finish ahead of the course closure. Marathon participants who do not reach the half marathon / marathon course split (located at Mile 7.2) by 10:15 a.m. will not be able to proceed along the Marathon course. Half marathon runners must be able to sustain a pace of 15:00 per mile for the first ten (10) miles to finish ahead of course closure. The last three (3) miles of the half marathon must be completed before the finish line closure at 3:00 p.m. No times are recorded after 3:00 p.m. for either the marathon or half marathon.

5K runners must be able to sustain a pace of 18:00 per mile pace to finish ahead of course closure.



If participants choose to continue running after the course closes, they do so at their own risk and will be asked by the Indianapolis Metropolitan Police Department to move off the streets. Finisher medals will be awarded only to those finishing within the specified time limit.

PACE TEAM Matt Ebersole coordinates the pace team. The following times (subject to change) will be led by an experienced pacer: Marathon – 3:00, 3:05, 3:10, 3:15, 3:20, 3:25, 3:30, 3:35, 3:40, 3:45, 3:50, 3:55, 4:00, 4:05, 4:20, 4:35, 4:50, 5:05, 5:20, 6:00, 6:33, Half Marathon – 1:30, 1:35, 1:40, 1:45, 1:50, 1:55, 2:00, 2:10, 2:20, 2:30, 3:16. Other paces may be available as interest and amount of pacesetters allow.

Pace groups will be easily identifiable at the start line. Visit the Pace Team booth at the Expo for more information and to hear directly from Pace Team Coordinator, Matt Ebersole.

AGE GROUPS

 MARATHON
 16-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over

 HALF MARATHON
 10-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over

 5K
 11 & under, 12-15, 16-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over

All finishers in the Marathon, Half Marathon, and 5K will receive a finisher's medal.



SAG WAGON The SAG wagon will travel at the course closing pace behind both the half marathon and full marathon participants. It will be available to pick up participants at aid stations who choose to discontinue the race (under non-medical circumstances). As participants are picked up, they will be taken back to the finish area as time and other factors permit.

AID STATIONS All aid stations will provide water, medical personnel, and restroom facilities. There will be 19 aid stations along the marathon course; 10 of these stations will provide Nuun (every other station beginning at the first station), three stations will provide CLIF Energy Gels (Mile 10.5, 15.6, and 21.8), two stations will provide other energizing snacks. There will be 8 aid stations along the half marathon course; five stations will provide Nuun; one station will provide CLIF Energy Gels (near Mile 8). See pages 8 and 9.

The 5K course will have 1 aid station located between Mile 1 and 2.

RESTROOM FACILITIES Port-o-lets are available at the start and finish lines and each aid station along the course. We ask that you please be kind and courteous to the Indianapolis residents and neighborhoods.

POST-RACE SHOWERS Post-race showers will be available at the Irsay Family YMCA at CityWay at 430 S. Alabama St. and the YMCA at the Athenaeum located at 401 E. Michigan St. Just show your finisher's medal or race bib. NOTE:

- You will need to provide your own towel(s).
- Access is subject to state and local restrictions on race day.

MEDICAL INFORMATION There will be medical support available to participants throughout the race course and at each aid station. There will also be one medical station at the start and a medical tent at the finish line. For medical emergencies, an ambulance will be called to transport the participant to a local hospital. The participant is responsible for any and all medical transportation, emergency room, and hospital fees.

IMPORTANT: It is recommended that participants write any medical conditions, medications, allergies, and emergency contacts on the backside of their race bib. Participants must wear their race bib at all times during the event.

Franciscan Health (FH) is pleased to again provide sponsorship and medical coverage for the CNO Financial Indianapolis Monumental Marathon. FH's intent is to place the professional staff at the stations where their expertise could best be utilized. The FH staff represents a wide range of professionals and support staff from physicians to staff assisting with providing services. Medical stations throughout the course are staffed by nurses and physical therapists. Nurses at the medical stations are from a variety of areas and specialties within the FH organization. The medical bike team is staffed by Certified Athletic Trainers (ATC/L's), physicians, and Physical Therapy Aides (PTA's). Many of the ATC bike team members are also dual certified as Physical Therapists (PT's), Occupational Therapists (OT's), and nurses. Throughout the course, at the finish line, in triage, and in the medical pavilion there will be physicians from a variety of specialties. Ambulances will be assisting with any emergencies along the course. The nursing staff for these areas represents primarily critical care and emergency nursing. At these stations there will also be a group of ATC's, PT's, and respiratory therapists to provide any level of service that may be needed.

WEATHER POLICY The race will go on, rain or shine! Extreme weather (lightning, high winds, snow, ice, extreme temperature, etc.) could cancel the race. There are also instances of other emergency situations (power outages, city-wide alerts, etc.) that could affect the start/cancellation/continuance of the races. In case of delay or cancellation, immediate notification will be made through **Beyond Monumental channels:** Facebook (Facebook.com/MonumentalMarathon), Twitter (@IndyMonumental), our website (MonumentalMarathon.com), and the CNO Monumental Marathon App.

If extreme weather or another emergency situation becomes an issue, the Command Group will meet and determine the status/future of the event. The event may be delayed or cancelled depending on the situation. Participants will be notified along the course by course monitors, marshalls, and race officials. Participants will be required to use their best judgment, based on the situation, as to the next best course of action.

Should the event be cancelled due to extreme weather or other emergency, there will be no refunds or transfers.

FULL AND HALF MARATHON START WAVES The CNO Financial Indianapolis Monumental Marathon and Half Marathon use a wave start. The start will be broken into five separate waves (A through E) of half marathon and marathon participants, based on pace per mile provided during registration. Participant waves will be indicated on race bibs. Participants are asked to line up with the correct wave! The event is chip timed so official times will remain unaffected participant times do not begin until they cross the start line timing mats.

5K START The CNO Financial Indianapolis Monumental Marathon 5K participants will line up for the 8:35 a.m. start after all full and half marathon participants have cleared the start line. We recommend arriving at the start area no later than 8:25 a.m.

FINISH LINE Crossing the finish line is a great feeling, and now it's time for participants to relax and enjoy their accomplishment! Once participants clear the finish line timing mats they will immediately see race personnel. Participants should seek assistance from race personnel or medical staff if they need help. Participants will be awarded with their finisher's medal in the finish chute, along with an array of food and refreshments. Visit our finish line vendors, view results, and hang out at the Post-Race Celebration. Remember to pick up items at Gear Check!



TIMING AND SCORING The marathon, half marathon, and 5K will be timed using the MYLAPS timing system. Each participant will be given a disposable timing device that will be attached to the backside of their bib.

PLEASE DO NOT REMOVE THIS DEVICE! It is not necessary to activate the timing device; it will be ready when participants receive it.

RESULTS There are many different ways to check results after participants finish their distance. Visit the Results Tent in the Post-Race Celebration to the right of the finish line to receive a print out of finish time and splits. The tent will be on the north side of the street. Results will be listed by finish time and include participant overall place and age group place. Participants and spectators may also view a live update of the results at **www.monumentalmarathon. com.** Please visit the Results Tent during the race if you have questions about timing and results. **Participants may also view a live update of their results on the CNO Financial Indianapolis Monumental Marathon App.** Participants and spectators can find the app in their favorite app store by searching "CNO Financial Indianapolis Monumental Marathon".

PRIZE MONEY Prize money totaling over \$12,000 will be at stake for the top Marathon, Half Marathon, Masters, and Indiana Resident finishers.

RUNNER TRACKING Friends and family can keep track of participants during the race! Download the CNO Financial Indianapolis Monumental Marathon App for runner tracking, course maps, and important race updates! Participants and spectators can find the app it in their favorite app store by searching "CNO Financial Indianapolis Monumental Marathon."

AWARDS The top 3 finishers in each age group will receive an age-group award! All age group award winners will be notified via email after results are finalized.



INDYTHON Participants who finished a distance at the Indy Half Marathon on Saturday, October 2, 2021, officially complete the INDYTHON Challenge upon crossing the finish line at the CNO Financial Indianapolis Monumental Marathon. Eligible participants can take their Monumental finisher medal to the Results/INDYTHON tent located in the Post-Race Celebration Area to pick up their INDYTHON medal/charm. We will confirm the award and participants will receive their INDYTHON charm for completing the INDYTHON 10K (5K + 5K), Half (5K + 13.1), Full (13.1+13.1) & (5K + 26.2), or Ultra (13.1 + 26.2.) as well as a INDYTHON medal for first-timers.



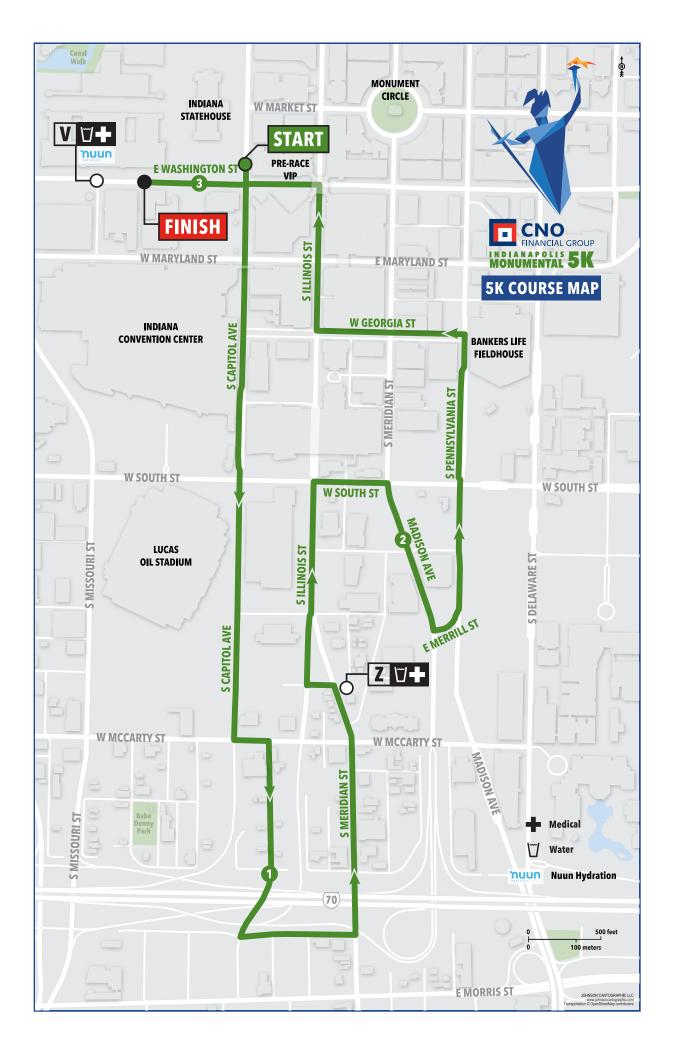
VISIT INDY Indianapolis is a great place to set your pace! It is also a beautiful, culturally diverse city full of amazing monuments, historical landmarks, delicious restaurants, unique shops and boutiques, interesting museums, exciting nightlife, beautiful parks and trail systems, and much more! Visit www.visitindy.com for information on places to see, food to eat, and other great tourist information about the Indianapolis area. Don't have time to sightsee? Open the fan pass and read about all of the interesting landmarks along the CNO Financial Indianapolis Monumental Marathon, Half Marathon, and 5K courses!

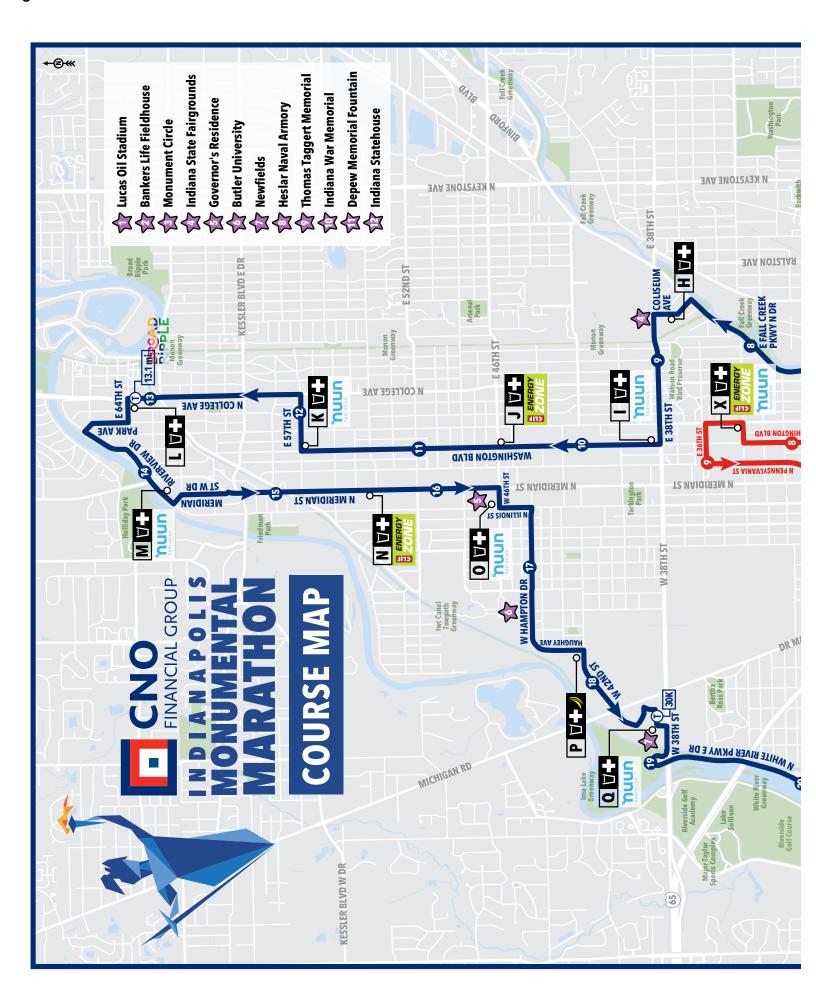
FEATURED MONUMENT The CNO Financial Indianapolis Monumental Marathon celebrates historic Indianapolis neighborhoods and winds its way through the most notable monuments and memorials Indy has to offer. Participants and spectators will find this year's featured monument, the Thomas Taggart Memorial, on the race day shirt, race bib, and finisher's medal. The Thomas Taggart Memorial is located in the heart of Riverside Park near Mile 21 of the marathon course, and is named for the founder of Riverside Park. Taggart served as the mayor of Indianapolis from 1895-1901 and as a United States senator in 1916.

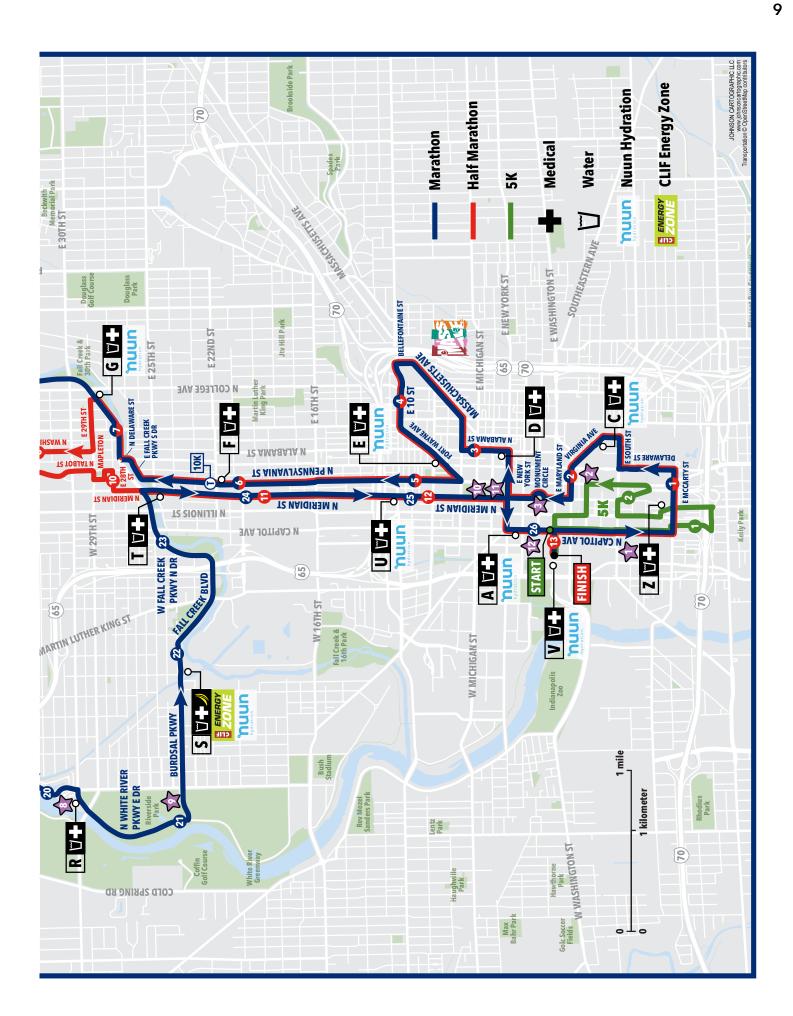
SAFETY AND SECURITY Gear Check items MUST be placed in the clear bag participants received at Packet Pickup. Any bags, purses, luggage, etc. that are left unattended will be removed.

Participants will not be allowed to re-enter the finish chute after leaving. Only finishing participants and credentialed race personnel will be allowed within the finish chute. We are committed to providing a safe and enjoyable environment for our participants, volunteers, and spectators.



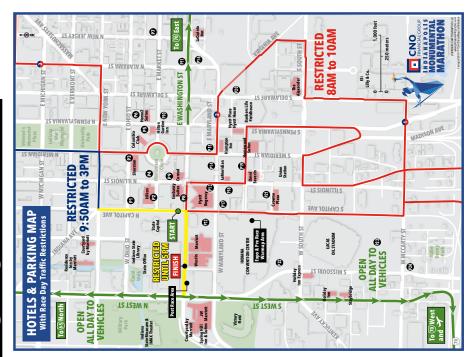




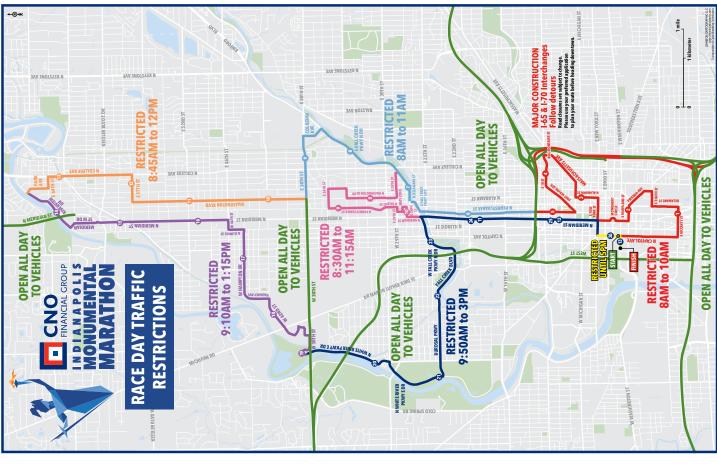


PARKING

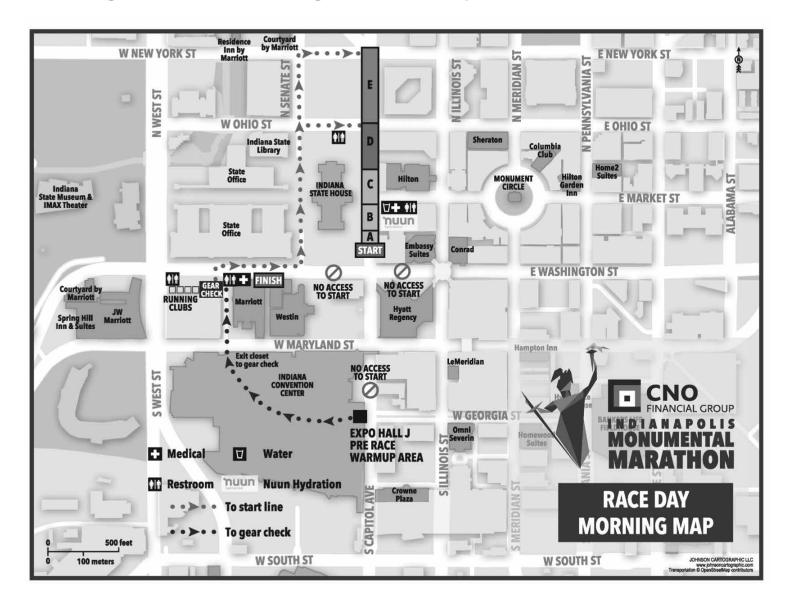
Parking may be purchased in advance. Parking Garages indicated on this map are designated for participants of the CNO Financial Indianapolis Monumental Marathon. Visit the CNO Financial Indianapolis Monumental Marathon Parking page at https://monumentalmarathon.com/participants/parking/. Book a spot with SpotHero with rates up to 50% off drive-up or visit the Gate Ten parking page for more details on reserving a space.







RACE DAY MORNING MAP



2008 - 2019 HALF AND FULL MEN & WOMEN CHAMPIONS

| 200 | <u> </u> | <u>VI7 IIALI AND</u> | IULL | 141 F 14 | CK VV | <u> </u> | 10113 |
|------|----------|----------------------|-----------|----------|-------|------------------------|-----------|
| 2019 | FULL | NATE GUTHALS | 2:17:51 | 2013 | FULL | DAVID TUWEI | 2:16:40 |
| 2019 | FULL | DOT MCMAHON | 2:35:30 | 2013 | FULL | COLLEEN DEREUCK | 2:39:22 |
| 2019 | HALF | DAN NESTOR | 1:02:57 | 2013 | HALF | ROBERT WAMBUA | 1:03:35 |
| 2019 | HALF | MOLLY GRABILL | 1:12:15 | 2013 | HALF | IRINA ALEXANDROVA | 1:13:54 |
| 2018 | FULL | AARON FLETCHER | 2:17:23 | 2012 | FULL | ALEKSEY ALEXANDROV | 2:18:44.4 |
| 2018 | FULL | LAURIE KNOWLES | 2:37:50 | 2012 | FULL | WHITNEY BEVINS-LAZZARA | 2:45:23.7 |
| 2018 | HALF | BROGAN AUSTIN | 1:02:39 | 2012 | HALF | JASON ORDWAY | 1:04:24.9 |
| 2018 | HALF | ALLISON CLEAVER | 1:12:45 | 2012 | HALF | IRINA ALEXANDROVA | 1:15:20.8 |
| 2017 | FULL | JAPHET KIPKOECH | 2:18:34 | 2011 | FULL | HILLARY CHERUIYOT | 2:22:20.8 |
| 2017 | FULL | LAURA PORTIS | 2:41:35 | 2011 | FULL | MANDY GRANTZ | 2:42:36.9 |
| 2017 | HALF | EDWIN KIBICHIY | 1:03:15 | 2011 | HALF | JESSE ARMIJO | 1:05:26.8 |
| | HALF | VICTORIA COATES | | 2011 | HALF | DOREEN KITAKA | 1:16:51.8 |
| 2017 | | | 1:13:43 | 2010 | FULL | LEONARD MUCHERU | 2:17:58.4 |
| 2016 | FULL | JAPHET KIPKOECH | 2:18:30 | 2010 | FULL | JACKIE DIKOS | 2:45:25.1 |
| 2016 | FULL | ANDIE COZZARELLI | 2:38:47 | 2010 | HALF | ANDREW BAKER | 1:05:39.0 |
| 2016 | HALF | PIUS NYANTKIA | 1:03:14 | 2010 | HALF | ERIN NEHUS-VERGARA | 1:15:04.4 |
| 2016 | HALF | SASHA GOLLISH | 1:11:05 | 2009 | FULL | MATTHEW CHESANG | 2:21:00.3 |
| 2015 | FULL | JESSE DAVIS | 2:17:59.9 | 2009 | FULL | MOLLY BROWN-BOULAY | 3:07:28.3 |
| 2015 | FULL | NICOLE MICHMERHUIZEN | 2:41:37.8 | 2009 | HALF | MARK RODE | 1:10:55.3 |
| 2015 | HALF | HARRY DIXON | 1:04:24.2 | 2009 | HALF | CRYSTINA RIDENOUR | 1:22:15.3 |
| 2015 | HALF | JEBICHI YATOR | 1:14:12.4 | 2008 | FULL | RICHARD KANDIE | 2:22:24.6 |
| 2014 | FULL | MICHAEL EATON | 2:19:49 | 2008 | FULL | ZEDDY CHEPKOECH | 2:40:28.4 |
| 2014 | FULL | ALANA HADLEY | 2:38:34 | 2008 | HALF | SCOTT SPITZ | 1:11:32.7 |
| 2014 | HALF | TOM ANDERSON | 1:04:27 | 2008 | HALF | JERI MEYERHOLTZ | 1:28:21.3 |
| 2014 | HALF | ALISHA WILLIAMS | 1:12:39 | | | | |





ONLY 1,000
DISCOUNTED SPOTS
AVAILABLE
OPENING DAY: JANUARY 1

NOVEMBER 5, 2022

MONUMENTALMARATHON.COM



INDICATES 12
FULL MARATHONS

NINA ARDERY JAMIE HAIRE LARRY ROBERTS KIMBERLY BECK **GARY HARRELL ROBERT ROLLER** ANDREW BRECK JUDY HASSELKUS ALEXANDRA RUFATO-PERRY JASON BURTON SARAH HUNTON LOGAN SAMSON ALAN COPPINGER JEN KNIFE **BRIAN SCHUETTER CLIFF CRAWFORD** SARAH KOEHLER SHIRLEY SHEEKS **NATHAN CRISWELL** MANFRED KUHN MICHAEL SHIRRELL FRANK DUCK STEVE LANING **ANDREW SMITH AMY DUKE** STEVE LEHE **PAUL SMITH**

IRVIN EDWARDS

ADAM LORBER

ANGELA SNYDER MARC FELLA JEFF LOVELESS **COLIN STAUBACH DONNA FICHTNER TED MAPLE JANET STOFFEL HEATHER FINK** KERRI MCKAY **JEFFREY STUMPF DAVID FINK IRA MEANS BRET SWISHER ALLYSON FLEETWOOD** JAYSON MEYER **MATT UTTERBACK** MIKE FLUECK **KEITH MOREY** JANICE VANVACTOR VIRGINIA GEE **ROSS NORDHOFF** KAREN WAHLSTROM KARLA GEISSE ANNETTE PARKER PAUL WAHLSTROM RICHEL GEISSE MARK PARNELLA PHIL WEIDMAN **KATHY GILMORE**

ROBERT POZNANSKI RON WILSON VICKIE GOENS MARC QUIGLEY BRENDA WILSON JONATHAN GOMEZ SHARON RANEY AMY RIESMEYER TERRI GOMEZ DAVID REED MATTHEW HAIRE CHARLES RICHERT



BEYOND | ONUMENTAL

Beyond Monumental has donated nearly **\$1.4 million** in 13 years to local beneficiaries including, but not limited to: IPS Education Foundation, Simon Youth Foundation, Lawrence Township School Foundation, and Pike Township Education Foundation.

Actively supporting youth health and well-being through providing access to exceptional events and programs centered around the sport of running.

BEYOND MONUMENTAL EVENTS







November 5, 2022

- One of the 15 largest marathons the U.S
- One of Runner's World's "10 Great Marathons for First-Timers"
- 39 finishers qualified for the Olympic Team Trials in 2019
- 7th Most Boston Marathon
 Qualifiers among all North
 American Marathons in 2019 (903)
- Flat, Fast Courses
- Indiana's Largest Marathon

October 1, 2022

- Nationally recognized by Runner's World for scenic courses
- Beautiful fall tour through state park and surrounding area
- Overall & Age-Group Awards
- Finisher medals
- Chip Timing & Gear Check
- One of a kind participant shirts
- Free post-race celebration for participants!

June 1, 2022

- Flat, Fast Course Straight
- Down Meridian Street
- Chip-timed with age-group awards
- Open, Youth, Masters & Elite Divisions
- Strollers Welcome in Non-Competitive Community Mile
- FREE Afterparty on Monument Circle



- The Apex Benefits Monumental Kids Movement is a seven-to-nine week youth running program that culminates with students running in the Indy Half Marathon at Fort Ben 5K and the CNO Financial Indianapolis Monumental 5K. Students learn about exercise, proper diet and living a healthy lifestyle.
- Typically, students with at least 75% attendance to the program receive a free 5K entry.
- 1,000 graduates are expected in 2021, with 9,000+ graduates to date.



- No-cost, employer-based wellness initiative where companies compete with other similar sized companies.
- Companies are rewarded points based on participation at monumental races/events rather than an individual's time or pace.
- Each division winning team receives a donation made in their name to their preferred charity and a traveling trophy for display.



BEYOND MONUMENTAL BENEFICIARIES



The Apex Benefits Monumental Kids Movement Program has partnered with Indianapolis Public Schools, Lawrence Townships Schools, and Pike Township schools to provide them with wellness programming that they are able to share with their students. The purpose is to educate students on the benefits of health and wellness in a fun way!









RUN FOR A CAUSE

Please cheer on our participants that are running for a cause!

The CNO Financial Indianapolis Monumental Marathon and Beyond Monumental are also proud to partner with local organizations and nonprofits to help raise awareness and funds for their missions. Through our Run For a Cause program, participants can get involved and register to run and fundraise on behalf of these participating organizations. Check out our current list of partner charities and join us next year as we "Run For a Cause":





back on my 🖼















RACE MEDAL SERIES & INDYTHON



The medal series resumes this year with letter "D" to continue spelling I-N-D-Y at the completion of the series. Each medal features a high-quality, 3D image of an iconic Indianapolis landmark. The horizontal case will allow participants to keep their ribbons on their medals! The square display case will feature medals that fit the shape modeled after the City of Indianapolis flag! This means that if participants are missing a medal from 2014, 2015, 2016, or 2017 but want to finish the "flag" series, they can fill in their missing piece by earning a 2018, 2019, 2021 or 2022 medal. Cases can be purchased online during registration, through your BEYOND MONUMENTALParticipant Account, at monumentalgear.com and at the Monumental Health & Fitness Expo.





INDYTHON unites the two major fall running events in Indianapolis; the Indy Half Marathon at Fort Ben and the CNO Financial Indianapolis Monumental Marathon, Half Marathon and 5K. First time participants earn an INDYTHON medal and corresponding distance charm by finishing events at both races. Returning participants earn more INDYTHON charms for distances conquered each year. Visiting www.indython.com for more details.

MARK YOUR CALENDARS TO REGISTER FOR INDYTHON AT RESOLUTION PRICING AT 12 A.M. ET ON JANUARY 1, 2022. NO ADDITIONAL COST OR REGISTRATION REQUIRED.

| INDY HALF MARATHON AT FORT BEN | | CNO FINANCIAL INDIANAPOLIS MONUMENTAL MARATHON | | INDYTHON ACHIEVED |
|-----------------------------------|---|--|---|-------------------|
| 5K | + | 5K | = | 10K |
| 5K | + | HALF MARATHON | = | HALF |
| 5K | + | MARATHON | = | FULL |
| HALF MARATHON | + | HALF MARATHON | = | FULL |
| HALF MARATHON | + | MARATHON | = | ULTRA |

THANK YOU

VOLUNTEERS are essential to the success of any great event. They are vital in providing a safe, organized and fun race. It will take more than 2,000 volunteers to support our participants, ensure a fun atmosphere, and provide the level of organization necessary to produce the CNO Financial Indianapolis Marathon, Half Marathon, and 5K.

The CNO Financial Indianapolis Monumental Marathon relies on volunteers who give their time and share their talents by assisting at Aid Stations, Start/Finish Line, Information Tents, the Expo, Packet Pickup and on Race Day. They take part in welcoming all of the athletes and spectators that join us for this amazing world-class event.

- A Kid Again
- Aerodyn Engineering
- Allegion
- American Cancer Society
- Apex Benefits
- Arsenal Tech High School Athletics
- Arsenal Tech High School JROTC
- Athletic Annex
- Avon Boys Cross Country
- Back on My Feet
- Bank of America
- Borshoff
- Broadway United Methodist Church
- Butler Pi Beta Phi
- Butler Volunteer Center
- Circle-Prosco, Inc.
- CLIF Bar Baking Co.
- CliftonLarsonAllen (CLA)
- CNO Financial Group
- Colonial Hills Baptist Church
- Community Church of Greenwood
- Crispus Attucks High School Athletics
- Crispus Attucks High School JROTC
- Decatur Central Cross Country
- Delta Faucet
- Direct Connect Logistix
- Domestic Violence Network (DVN)
- Eli Lilly and Company
- GE Ambassador Health

- George Washington Athletics
- George Washington JROTC
- Greenwood Community Schools
- Health and Hospital Corporation
- Heritage Christian Swim Team
- Honor All Vets
- IFF
- Immaculate Heart Brownie Troop
- Indiana Army National Guard
- Indiana Sports Corp
- Indianapolis City Market
- Indy Chinese Runners Group
- Indy Titan 14u Baseball Team
- International School of Indiana
- IPS Education Foundation
- IUPUI—Alpha Phi Omega
- IUPUI—Jagathon
- IUPUI—School of Health & Human Sciences
- IUPUI
- LISC Indianapolis
- Meridian St. United Methodist Church
- Move for Hunger
- NeuroHope of Indiana
- Noblesville Schools
- Northwood Church
- Parkhurst Family
- Pass the Torch for Women

- Pike Township Foundation
- Remodel Health
- Renew Indianapolis
- Rolls-Royce
- Roncalli Track & Field
- Rook Security
- Runners Forum
- SafeDose Pharmacy
- SAVE: Suicide Awareness Voice of Education
- Second Helpings
- Shortridge High School
- Shortridge High School Athletics
- Shortridge High School JROTC
- Simon Youth Academy
- St. Vincent
- Stanley Security
- Tabernacle Presbyterian
- The International Center
- Trine Sports Management
- Troop 1722
- Ulndy Circle K
- Ulndy Graduate Psych
- Ulndy Men's & Women's Tennis
- University of Illinois
- USATF
- Warren Central CC
- WTHR
- Xiphos Corps.

SPECIAL THANKS

Thank you to: The Indianapolis Indians, Victory Field, and the Indiana Government Center for their support of the event.

The Irsay Family YMCA and YMCA at the Athenaeum for free post-race showers for participants.

Tuxedo Brothers Event Management / www.tuxbro.com.

The medical experts and hundreds of volunteers from Franciscan Health Systems who play an essential role in the safety and race day health for all of our participants.



YOUR COMEBACK BEGINS WHEN YOU COME BACK IN

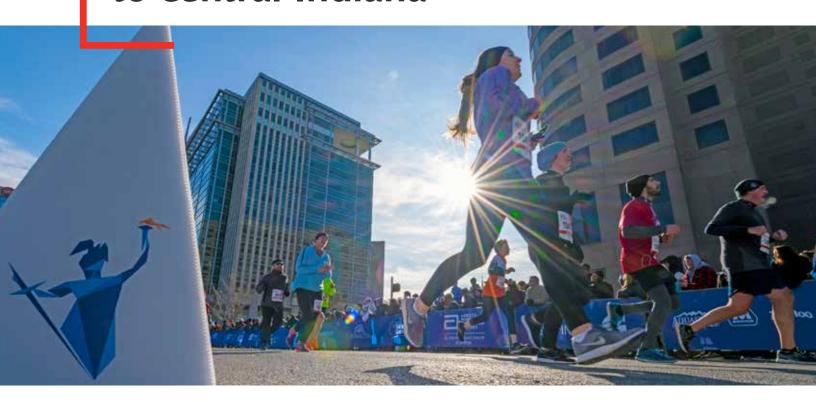
Ready to lace up again but can't outrun a nagging injury? Franciscan Health Orthopedics is here and ready for you. Always. Whether it's a diagnosis, treatment, rehab or even a second opinion, the safest care is what inspires us. So, stop putting it off and get back on track!

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